

## Preparations for Examination 檢查須知

- Please bring the latest relevant medical reports and old films for comparison. (e.g. X-rays, MRI, CT Scans etc.)  
請攜帶最近期相關報告和舊片以作比較之用。(X光影像、磁力共振掃描、電腦掃描等)
- Please notify our staff if you are pregnant or suspected you are pregnant.  
如病人確定或懷疑懷孕，請通知本中心職員。
- For **Upper Abdomen** or **Whole Abdomen scan**, **Fasting** for 4 hours prior to the examination. Small amount of plain water is allowed.  
**上腹部或全腹部掃描 – 於檢查前 4 小時禁食，可飲用少量清水。**

## Preparations for CT Contrast Examination 注射 CT 顯影劑檢查前須知

- **Fasting** for 4 hours prior to the examination, plain water is acceptable.  
**檢查前 4 小時禁食**，清水除外。
- Please inform our staff if you have allergies, asthma or cardiac diseases.  
如有任何過敏、哮喘或心臟病，請通知本中心職員。
- For patients who are allergic to any CT contrast materials, please notify our staff. Please be advised to bring your prescribed anti allergic medications on the exam day.  
如病人曾對 CT 顯影劑過敏，請通知本中心職員並於檢查當天攜帶醫生處方的抗敏感藥物以作備用。

## For patient on Metformin who need contrast CT examination 服用二甲雙胍藥物注射 CT 顯影劑檢查須知

- $eGFR \geq 30\text{mL}/\text{min}/1.73\text{m}^2$   
腎功能指數正常的患者  $\geq 30\text{mL}/\text{min}/1.73\text{m}^2$   
**No Need** to stop Metformin before or after CT contrast.  
注射 CT 顯影劑前後，**不需要停藥**。
- $eGFR \leq 30\text{mL}/\text{min}/1.73\text{m}^2$   
腎功能指數低過  $\leq 30\text{mL}/\text{min}/1.73\text{m}^2$

Suggest to stop Metformin on day of CT contrast, and to be withheld for 48 hours after the CT examination, and reinstated only after renal function has been re-evaluated and found to be normal.

注射 CT 顯影劑檢查當日，建議暫停服用二甲雙胍，並且完成 CT 檢查後 48 小時內停止服用「二甲雙胍」糖尿藥物，待腎功能指數穩定後才可恢復使用該類藥物

## Suggestion of Creatinine Test 肌酸酐檢測須知

For patient with kidney disease, e.g. Chronic Kidney Disease (CKD), Dialysis, Acute Kidney Injury, Kidney Surgery, Kidney ablation and Albuminuria.

任何腎病患者或過去曾有慢性腎臟病、洗腎、急性腎衰竭、腎臟手術、腎臟切除及蛋白尿。

Patient should provide renal function test result within 3 months OR perform onsite rapid creatinine test. (Charges HK\$200)

須提供檢查前三個月內有效的腎指數報告或即場進行腎功能快速測試。(費用 HK\$200)

## Anti Allergic Drug 防敏感藥

- Patients with allergy history on CT contrast media are highly recommended to have steroid cover (Patient should take Prednisolone at 12 hours and 2 hours prior to the examination) prescribed by referring doctor before the appointment day.

如病人對 CT 顯影劑曾有過敏反應，請向主診醫生提出並按醫生指示再檢查前一日服用適當預防敏感藥物。(檢查前 12 小時及 2 小時服用 Prednisolone)

- |                                      |                 |
|--------------------------------------|-----------------|
| • Oral Prednisolone (Free of charge) | 口服 (免費)         |
| • IV Hydrocortisone (HK\$200/dose)   | 針劑 (每針 HK\$200) |

## Betaloc 減慢心跳藥物

- To optimize the CT image quality, the preferable heart rate of patient should be  $\leq 70$ bpm. 為了優化 CT 影像質素，病人的最佳心率为低於 70bpm。
- If patient's heart rate is  $\geq 70$ bpm, Oral Betaloc will be prescribed to the patient (Free of charge) to slow down the heart rate. 如果病人的心率高於 70bpm，將會給予病人口服減慢心跳藥 (免費) 以減慢心率。
- To shorten the awaiting time, we can also provide IV Betaloc. (HK\$550 per case) 為了縮短等待時間，我們也可以提供靜脈注射針劑減慢心跳藥。(每次 HK\$550)
- Please avoid the following items within 24 hours before the examination : 請於檢查前 24 小時內避免以下的刺激物品：
  - Do not drink alcohol, tea, soft drinks, chocolate, coffee or any caffeinated products. 避免飲用或進食含有酒精、茶、汽水、朱古力、咖啡或含有咖啡因的食品。
  - Do not do strenuous exercise. 避免進行劇烈運動。
  - Do not take cigarettes, Viagra, Levitra or similar drugs. 避免吸煙、服用威而鋼、立威大或樂威壯等壯陽藥物。